

Information Pack

Supporting Women's Health in the Workplace

WISE Knowledge Sharing Event

Wednesday 10 July 2024 | 11AM - 3PM



Network. Learn. Collaborate.

WISE Knowledge Sharing Events

Supporting Women's Health in the Workplace

Thank you for signing up to our in-person Knowledge Sharing Event on 10 July 2024 hosted at University College Birmingham, where we will discuss how your business can support women's health in the workplace. WISE members will share best practices on fostering a culture where employees feel comfortable discussing menopause, fertility, and mental health. There will be a chance to network and share your knowledge and ideas.

Where is the venue?

University College Birmingham
Summer Row
Birmingham
B3 1JB



On arrival

Upon arrival, go to reception and mention WISE event; please register at the visitor screen and wear your printed lanyard. Then, please make your way to room MH 155 for event.

Parking

For parking, the closest option to campus is the NCP car park located on Newhall Street. There is also Pay and Display street parking on the surrounding roads, but spaces cannot always be guaranteed

Please note we are situated in a Clean Air Zone.

How to get there

Train

Birmingham New Street Station is served by a fast Intercity link from London Euston and is just a few minutes walk from the University. Birmingham Snow Hill and Birmingham Moor Street welcome trains from London Marylebone. The journey by fast train from London takes 90 minutes.

Metro

The Metro network stretches from Birmingham to Wolverhampton. It operates through some of the busiest areas, including Snow Hill, Corporation Street, Grand Central, Broad Street and Five Ways, all of which are only a few minutes away from our campus.

Bus

National Express coach services run frequently to Birmingham Central Coach Station from all major towns, cities and airports.



Agenda

- 10:30 Registration and tea/coffee on arrival
- 11:00 Welcome & introductions
- 11:05 Supporting Mental Health at University
College Birmingham
Jo Oguzie
- 11:25 Supporting Women's Health at
AstraZeneca
Sophie Janbon
- 11:45 Supporting Menstrual Health and
Menopause at Spirax
Bryony Slatter
- 12:05 Fertility Matters at Work
Tracey Jones
- 12:25 Q&A
- 12:45 Light Lunch & networking
- 13:45 Discussion session
- 14:45 Feedback from discussion
- 15:00 Finish



As a WISE member employee, you can access free and exclusive online WISE resources including D&I research, case studies, events and more. [Click here or scan the QR code to register and enjoy these benefits.](#)

More about our speakers

Joanna Oguzie

Jo is the Executive Director for Human Resources at University College Birmingham, having commenced in the role in September 2023. Prior to that, she had been a Director at Coventry University for almost 10 years. At UCB she is responsible for strategic and operational HR management, leading the HR Team in delivering an employee focussed service. Jo is a values-based leader, passionate about employee engagement, wellbeing and inclusion.

Jo is a chartered member of the Chartered Institute of Personnel & Development and holds an MA in Human Resources Development from the University of Warwick, along with qualifications in Coaching & Mentoring and Mediation in the Workplace.



Sophie Janbon

Dr Sophie Janbon is a French citizen and arrived in UK in 2004 to start a PhD at the School of Chemical Engineering and Analytical Sciences (SCEAS) at the University of Manchester in the group of Prof Roger Davey. Her research topic was understanding crystallisation pathways from thermotropic liquid crystalline states or semi-organised liquid systems. She started as a senior crystallisation scientist at AstraZeneca at the end of 2007. She was promoted in 2017 to Associate Principal Scientist in Crystallisation science and then became an Associate Director in 2018 and more recently a Director in the early phases from pre-Lead Optimisation to Phase IIb.

Aside of her technical leadership role, she is strongly involved in inclusion and diversity activities for her organisation and has recently taking a position as a co-lead of an Employee Resource Group supporting Women and Allies in the workplace.



Bryony Slatter

Bryony Slatter is the Group Inclusion, Equity and Wellbeing Manager at Spirax Group, a multi-national industrial Group. With a CIPD Level 5 Diploma in Human Resource Management, she understands broader HR processes and employment law, with significant experience in recruiting, with a focus on diversity, inclusion, equity, and belonging (ED&I).

In her current and previous roles, she has been responsible for understanding and implementing ED&I strategies and initiatives across different organizations and sectors, working across global teams to design and deliver inclusive and effective recruitment campaigns, processes, and metrics, as well as providing thought leadership best practices on attracting and retaining a diverse workforce. I am passionate about creating a culture of inclusion and wellbeing, where everyone can thrive and contribute to the organisation's goals and values, with experience of growing and creating engagement across colleague networks and delivering on global inclusion workshops and training sessions.



Tracey Jones

Tracey works as a Training Partner for Fertility Matters At Work, a Community Interest Company on a mission to educate and inspire businesses with an awareness of how fertility issues affect employees and their organisations. She also owns her own coaching & development business, Lotus Bridge, where she specialises in supporting women who are navigating the challenges of a fertility journey alongside their career.

Tracey is super passionate about all things related to fertility having spent a decade experiencing multiple pregnancy losses and IVF cycles before eventually fulfilling her dream of having a family. She uses her lived experience, knowledge and development expertise to partner individuals with their personal experience and organisations with retaining and supporting their people, to ensure fertility is recognised in business.



Discussion Sessions

In this session, we look forward to having an informative and robust discussion with our speakers and our audience about various aspects of women's health in the workplace.

Slido Interaction

To be as inclusive as possible, we will be using Slido to engage all participants in the discussion session at this event.

A note on Slido accessibility:

- You will need a smart phone to scan the Slido QR code in the presentation and engage in polls
- It is possible to use Slido with screen readers if you're using an Apple product or Google Chrome
 - VoiceOver in Apple products: you can use a built-in screen reader on Apple Macbooks, iPhones, iPads.
 - Screen reader for Google Chrome: [Click for the extension here](#)

Discussion Questions

The discussion is an opportunity for all delegates to let us know what their organisations are doing to support women's health, particularly in the areas which the speakers highlighted - menstrual and menopause health, mental health, and fertility, and overall women's health.

To guide the discussion, we'll be answering questions such as:

What is your organisation doing to support women's health in the workplace?

What practical workplace support can organisations provide for employees experiencing women's health challenges?

What would 'success' look like for individuals experiencing such challenges at work?

What should a 'good' women's health policy include?

Background Information

University College Birmingham

University College Birmingham (UCB) is a dynamic institution located in the heart of Birmingham, England. Renowned for its industry-focused education, UCB offers a wide array of undergraduate and postgraduate programs, particularly excelling in fields such as hospitality, tourism, culinary arts, business, and education. The university emphasizes practical learning and maintains strong links with industry, providing students with valuable work placements and real-world experience. UCB's modern facilities, dedicated staff, and vibrant student community create an enriching environment for academic and personal growth.



AstraZeneca

AstraZeneca UK is a leading global biopharmaceutical company headquartered in Cambridge, England. Specializing in the discovery, development, and commercialization of prescription medicines, AstraZeneca focuses on therapeutic areas such as oncology, cardiovascular, renal, metabolism, and respiratory diseases. The company is renowned for its innovative research and development, contributing significantly to advancements in healthcare. With a commitment to improving patient outcomes and a strong emphasis on scientific excellence, AstraZeneca UK collaborates with healthcare providers and institutions to address unmet medical needs and enhance the quality of life worldwide.



Spirax Group

The Spirax Group, headquartered in Cheltenham, England, is a global leader in the engineering and manufacturing of steam and thermal energy solutions. Serving a diverse range of industries, including food and beverage, pharmaceuticals, and petrochemicals, Spirax Group specialises in providing innovative and efficient solutions for steam system management and thermal energy optimisation. Known for its technical expertise, high-quality products, and customer-centric approach, the company helps businesses enhance operational efficiency, reduce energy consumption, and improve sustainability. With a strong global presence and a commitment to continuous innovation, the Spirax Group is at the forefront of advancing industrial energy solutions.



Fertility Matters at Work

Fertility Matters at Work is a Community Interest Company (CIC) dedicated to improving fertility support at work.

Each with our own lived experiences of facing fertility struggles and loss whilst in the workplace, combined with over 35 years professional HR experience and hosting events, we bring a real passion and authenticity to our approach.





For further information on anything covered here,
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