

# My Skills My Life with Brownies

Anne Okafor is a keen construction worker, My Skills My Life role model, STEM Ambassador and Brownie leader in Scotland. She decided to combine all four and run a session for her Brownie unit.

## How did you prepare for the session?

For the session I printed off the materials from the 'My Skills, My Life Resource' – I wanted to do the quiz in person so I printed out question sheets and answer sheets for each girl and some examples of the role models for each personality type. I needed to think about how to adapt the session for a younger audience and organised some hi-vis and hard hats for the girls to wear too.

**“One of our Young Leaders also participated and said that “that inspired me to think about my career after University, too!”**



## What happened during the session?

First, we did the draw the boxes and triangle starter activity and had a couple of minutes discussion around how I gave the same instructions, yet each person had a different picture. I asked the girls why they thought this was and explained that it was good that we are all different. I related this to construction and how we need a team of clever people with different knowledge to make our buildings. I also got them to think about how much more fun Brownies is as we all have different ideas and ways of thinking about games and activities.

The girls sat in a semi-circle arrangement at tables so they could fill in the question paper. We did the quiz using the paper resource – I read out the questions (some of the language was a bit difficult for the younger girls) and gave examples for each question – we did each question in turn. Once done we helped the girls tally their scores and as we had 17 girls asked them to shout out which their top types were. As we did this – I gave the descriptions/traits of the personality type. I then gave examples of job roles from the role model pages and gave brief ideas about the types of things the role models may do. Unfortunately, we couldn't have in-person role models due to the COVID guidance at the time.

Afterwards we talked about my job as a construction planner. I used Lottie Doll, some examples of programmes I make and simplified them into elements of the construction that the girls would understand – floor, walls, roof, inside, painting, landscaping, to demonstrate what I do.

### Anne's Top Tips!

For someone looking to run a similar session, I would suggest that for this younger age group – there were more role models.

I would also encourage more interactivity and possibly make it more active, so rather than sitting at tables, maybe asking them to run to a spot for the answer.

**The girls really enjoyed the session and quite a few of them said things like “That sounds like me”, “Oh wow, can I do that?”, “I want to do that” and “That job sounds great”!**

